God is My Strength

"My soul melts from heaviness; strengthen me according to Your word."
Psalm 119:28



Number 10 in the series "The Joy of Obeying God's Word"

Beloved, do you feel like your soul is melting from heaviness? Are your tests, trials, sorrows, and temptations more than you can handle? Let me encourage you with some of the scriptures the Lord has strengthened me with through many painful situations.

Isaiah 40:29 reads, "He gives power to the weak, And to those who have no might He increases strength." Isaiah 40:31 reads, "But those who wait on the Lord shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint."

Beloved, those promises from my Jesus have faithfully taken me through countless painful situations. 2 Samuel 22:40 reads, "For You have armed me with strength for the battle; You have subdued under me those who rose against me." As a new believer in 1976 when the devil was trying to destroy my marriage, the Lord faithfully armed me with His strength daily to battle the enemy, and the Lord restored my marriage to one that now glorifies Him.

Psalms 140:7 reads, "O God the Lord, the strength of my salvation, You have covered my head in the day of battle." Daily, the devil attacks our minds with doubt, fear, worry, and all manner of sinful temptations. God's amazing grace and daily spending time reading my Bible and praying have been my constant protection. When my four-year-old niece was brutally murdered some years ago, the only thing that helped me was my close relationship with Jesus Christ and His faithfulness to cover my head in the battle as He constantly brought to my mind the scriptures that I had read and meditated on daily.

Philippians 4:19 reads, "And my God shall supply all your need according to His riches in glory by Christ Jesus." When my husband Richard and I were young believers with thousands of dollars in debt, we decided to obey the Bible, which says to trust God and to tithe to your church. We were constantly amazed as we experienced the Lord's faithfulness to supply our needs. Somehow, the bills got paid every month. Then we decided to obey the Bible to become totally debtfree, including our mortgage. As we allowed the Lord to change our hearts from temporal values to eternal ones, again we experienced His faithfulness.

Several years ago we paid off our mortgage, and by constantly relying on the Lord's strength, we remained debt-free. It is a joy to put more money into God's work instead of spending it on the lust of our flesh.

Beloved, whatever problems you have, Jesus Christ has all the answers. I want to repeat that. Whatever your problems are, Jesus Christ has all the answers. He alone can strengthen you. Trust Him; He will not fail you. It is my joy to minister in churches and retreats throughout the United States and internationally, telling people of the countless ways that God has been faithful as I have read and obeyed His Word. Daily reading and obeying the Word of God and applying these truths will change our lives.

— Janice McBride

All scripture is taken from the New King James Version of the Bible.