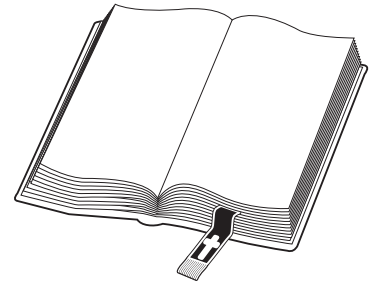


Set Free by the Bible

“The cords of the wicked have bound me, but I have not forgotten Your law.”

Psalm 119:61



Number 23 in the series “The Joy of Obeying God’s Word”

When I trusted in Christ as my Savior in 1976, *I was bound by a lot of wickedness*. The results of constant physical, emotional, and sexual abuse until I was 16 caused a lot of bondage. Wickedness done to me had bound me in *cords* of insecurity, fear of man, fear of rejection, inferiority, no self-worth, loneliness, shame, and physical illness, to name just a few. I was also *bound in many cords of wickedness* as the result of sin I had been involved in for years including immorality, murder through abortion, bulimia, theft, materialism, guilt, deception, lying, gluttony, anger, hate, bitterness, and unforgiveness, again to name just a few.

Through GOD’S AMAZING GRACE and the power of the Holy Spirit, I have had my life transformed. I have been set free. As I would daily read and obey the Bible, I learned that Jesus loved me so much He died on the cross so that I could be forgiven and cleansed of all my sins. The more I saw the depth of my sins and His mercy towards me, *the more I came to love Him*. As the Bible revealed the Lord’s love for me, I saw myself as He saw me, and I experienced His love, mercy, and grace. Through believing and applying the Bible, I was set free from the *cords* of guilt and shame. I was set free from the *cords* of bulimia, lust, lying, and deception. I returned to Scotland and repaid employers from whom I had stolen money. I repaid stores in the United States where I had stolen goods, and more cords were broken.

Through the Bible I recognized the evil I had done in murdering my baby in my womb. As I took full responsibility for my sin and repented, the Lord

forgave, cleansed, and healed me. Then He opened doors for me to speak at pro-life meetings in the United States and internationally. One by one *the cords of wickedness were broken*. As I read the Bible, the Lord changed my heart and set me free from the cords of materialism. He also changed my appetite to desire a lifestyle of healthy eating, and more and more cords were broken.

Through reading the Bible, I saw that I had to forgive as Christ forgave me. I went back to Scotland, forgave those who had abused me, and had the joy of praying with my mother as she repented and put her trust in Christ as her Savior. Many cords of wickedness were broken on that trip, and I was set free from hate, anger, bitterness, and unforgiveness.

The power of obedience to the Bible not only *broke the cords of wickedness* in my life and set me free, it also healed me of several physical illnesses. It healed me emotionally and restored my marriage! Every time the Lord broke a cord of the wickedness done to me and broke the cord of wickedness I was involved in, He would open a door of opportunity for me to teach others. He turned all of my bondage and suffering into an international ministry. In every place I teach, I have the joy of seeing people set free through the power of the Bible. *Obedience to the Bible can set you free and transform your life!*

— Janice McBride

All scripture is taken from the New King James Version of the Bible.

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