

Lord, Help My Memory

"I will never forget Your precepts, for by them You have given me life."

Psalm 119:93



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For some people when their lives are good, they *forget* that the Lord is the one who is blessing them. They *forget* that the Lord is the one who saved, delivered, cleansed, healed, and set them free. Other people *forget* God's goodness when they are in the midst of tests, trials, and temptations. They forget all His past faithfulness and give in to fear, doubt, unbelief, anger, and self-pity.

Beloved, constantly reminding myself of God's AMAZING GRACE, love, mercy, forgiveness, and kindness is what keeps my heart full of love and gratefulness towards Christ! When I put my trust in Jesus as my Savior in 1976, my life was in ruins. In the years since, as I have daily read and obeyed the Bible, the Lord has transformed my life. I do not ever want to forget His faithfulness towards me. He gave me His grace to forgive those who sinned against me. He gave me His grace to repent of my sins. His love and mercy removed the guilt and shame I carried for years as the result of an abortion I had before I met my husband. He healed my mind and emotions from all the damage done to me as the result of being an abused child in an alcoholic home. His Holy Spirit power set me free from sinful habits. He healed and restored my marriage. He gave my husband and me the power to discipline ourselves and stay on a budget, which resulted in us paying off our mortgage years ago and staying debt-free.

Obedience to God's Word gave me a life I never dreamt possible. Every time I go through tests, trials, and temptations, I remember past situations that I

went through — and the Lord's faithfulness as I trusted and obeyed Him and His Word. Psalm 105:4-5 reads, *"Seek the Lord and His strength; seek His face evermore! Remember His marvelous works which He has done, His wonders, and the judgments of His mouth."* Remembering the Lord's love, mercy, and faithfulness towards me keeps my heart grateful, builds my faith and trust in Him, and gives me strength for the daily tests, trials, and temptations that I face. John 14:26 reads, *"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."*

Beloved, I do not know about you, but I can constantly struggle with my memory. It is like thoughts will just seem to disappear, and I do not know where they went, but I constantly cry out, "Holy Spirit, would you bring this situation to my remembrance," and He is faithful to do it. Beloved, if we want lives that glorify Jesus Christ, the Holy Spirit will help us to remember all the ways that the Lord has been faithful to us.

Trust Him, He loves you. Today is the time to surrender your life to Jesus Christ. He loves you and gave His life for you.

— *Janice McBride*

All scripture is taken from the New King James Version of the Bible.

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