



Help, Lord, I Am Struggling with Fear

“The LORD is my light and my salvation; whom shall I fear? The LORD is the defense of my life; whom shall I dread?” Psalm 27:1 (NASB)

Number 1 in the series “God’s Faithfulness in My Daily Battles”

2 Timothy 1:7 (NKJV) tells us, *“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”* Paul said these words to Timothy at a time when the believers were experiencing great persecution, and many of them were being martyred for their faith.

It is interesting to see that the first time fear is mentioned in the Bible is in Genesis 3:10. After Adam and Eve sinned and rebelled against God, instead of repenting, they hid from God.

All through the Bible we see that many of God’s people struggled with fear. I think of Joshua Chapter 1. After Moses’s death, God tells Joshua to take His people into the Promised Land. I can understand Joshua struggling with fear: 1) Trying to follow Moses and walk in his shoes; 2) Leading those rebellious, stubborn people who threatened to kill him; 3) Trying to lead people who were ungrateful, constantly complaining, and wanting to indulge the lusts of the flesh, and constantly wanting to go back to Egypt.

In Joshua 1:3 God encourages Joshua with the promise that every place his foot would tread, God would give it to him. In verse 5 (NASB) God promises Joshua: *“... I will be with you; I will not fail you or forsake you.”* In verse 6 God encourages him to be strong and courageous. In verse 7 we see a slight change here when God says to be strong and very courageous. In verse 9 (NASB) God commands him, *“...Be strong and courageous! Do not tremble or be dismayed, for the LORD your God is with you wherever you go.”* God knew the warfare that Joshua would encounter as he led the

people into the Promised Land. He knew the enemy was strong and would not give up the Promised Land without a fight. He knew Joshua and all the people would battle the enemy without and the enemy within, which is FEAR! That is why God’s promises and warnings became stronger and stronger!

Beloved, is there a promise that God has given you, and you know the enemy does not want you to have it? Are you struggling with fear because you see your weaknesses and know that there will be a battle? It may be a new job or a new place of service for God, getting free from an area of sin, forgiving someone who betrayed you, mending a broken relationship, tithing for the first time or increasing your giving, areas of personal discipline, major changes in your home, increasing your family, getting married for the first time, going on the mission field, getting debt-free, or trusting God in the battle of sickness.

I encourage you to read the book of Joshua. God’s amazing grace will help you take your Promised Land. Can I encourage you? Fear not. Don’t forget that God promises to manifest His strength in our weakness. For those who have never put your trust in Christ as your Savior—today would be a good day to do it. Jesus loves you.

With a goal to glorify Jesus Christ
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